



Community
Learning

Fairfield
Public
Library

You belong here!



Eldercare: Where Do I Start?

Monday, January 23rd

Fairfield Woods Branch Library

6:30 p.m. - 7:45 p.m.



This program will help to answer some of the questions about eldercare in today's world, including where to get the help that you need, and how to communicate with the older adult and other family members. Presenter **Barbara W. Abraham, BS, RN, MPH**, is a health educator with over 30 years experience working with older adults and families. She is a certified instructor for LiveWell, a health promotion program for older adults in Connecticut.

All programs are free and open to the public. Limited seating. Register online at www.fairfieldpubliclibrary.org, or call 203-255-7308.

Main Library

1080 Old Post Road
Fairfield, CT 06824

Fairfield Woods Branch

1147 Fairfield Woods Road
Fairfield, CT 06825

