



Community
Learning

Fairfield
Public
Library

You belong here!



Couponing 101

Monday, 1/23 & 1/30, 2012

Fairfield Woods Branch

11:00 a.m.- 1:00 p.m. (bring a lunch if you'd like)



Marilyn Zelinsky-Syarto,

consumer expert and founder of Two Frugal Fairfielders local blog, will facilitate this group.

What you will learn: Why

Coupon? How to successfully coupon. Myths about couponing. Savings potential. Where to find coupons. Affording organics and couponing.

Coupon exchanging and giveaways. **Jamie Lee McIntyre RD CD-N, Grade A ShopRite Dietitian, talks about healthy couponing during the first session.**

Registration required

Supplies needed

Pen

Small Scissors

Any Size Sticky Notes

Any coupons you already have

For a bin, bring in a small empty photo box plus a box of white 3x6 (approx.) envelopes that fit upright into the box. For a binder, a 2" or 3" binder plus a handful of baseball card holder sleeves (found at Walmart, Toys RUs, and binder dividers.

All programs are free and open to the public. Limited seating. Register online at www.fairfieldpubliclibrary.org, or call 203-255-7308.

Main Library

1080 Old Post Road
Fairfield, CT 06824

Fairfield Woods Branch

1147 Fairfield Woods Road
Fairfield, CT 06825

